

# SHETLAND STAR CARDIGAN

designed by Hazel Tindall

This pattern supplements “The Fine Art of Fair Isle with Shetland’s Hazel Tindall”, which is available as a download or DVD – details at [www.hazeltindall.com](http://www.hazeltindall.com).

Fair Isle cardigan, in 10 sizes, with straight sides and an optional small pocket – or two. Apart from the ribs, the cardigan is knitted in the round, with a steek at the centre front. Instead of the more usual jumper weight yarn, this pattern uses double knitting yarn to make it easier to see when filmed. The sleeves are knitted from the cuffs up, then grafted to stitches picked up and knitted from the sides of the armholes.

## SIZING - Approximate size after blocking in inches / cm

	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6	Size 7	Size 8	Size 9	Size 10
Chest/bust	23 / 59	25 / 64.5	28 / 71	31 / 79	33 / 84	37 / 94	40 / 102	42 / 107	44 / 112	46 / 117
Hem to armhole	11 / 28	12½ / 31	13½ / 34	16 / 41	16 / 41	16 / 41	17½ / 44	17½ / 44	17½ / 44	17½ / 44
Hem to shoulder	16¾ / 42	18 / 46	20½ / 52	23 / 58	24¾ / 61	24¾ / 61	25½ / 65	25½ / 65	25½ / 65	26¾ / 65
Sleeve width at top	8½ / 21	9 / 23	9¾ / 23.5	9¾ / 25	11 / 28	11½ / 29	12 / 30.5	14 / 36	15 / 38	15¾ / 40
Sleeve length	11½ / 29	12½ / 32	13½ / 34	16¾ / 42	17¾ / 45	18 / 46	18¾ / 46	18¾ / 46	18¾ / 46	18¾ / 46
Armhole depth	5¾ / 15	5¾ / 15	7 / 18	7 / 18	8¾ / 21	8¾ / 21	8¾ / 21	8¾ / 21	8¾ / 21	9 / 23

## YARN

Supplies of Organic Native Shetland yarns are available from [www.aalmerk.com](http://www.aalmerk.com)

Chart Ref	Quantity – 50g balls										Uradale Yarns double knit yarn
	Size 1	Size 2	Size 3	Size 4	Size 5	Size 6	Size 7	Size 8	Size 9	Size 10	
B1	2	2	2	2	3	3	3	3	4	4	Bilberry
B2	2	2	3	3	4	4	4	4	5	5	Ling
B3	1	1	1	1	2	2	2	2	2	2	Self heal
C1	2	2	3	4	4	5	5	5	5	5	White
C2	1	1	1	1	1	1	1	1	1	1	Tormentil
C3	1	1	1	1	1	1	1	1	1	1	Moss

## BUTTONS

6 (7:8:9:10) [10:10:10:10:10] buttons, approx 1.5 cm diameter

## NEEDLES

3.25mm double pointed needles (DPNs, 3 or 4 needles 30-40cm long)

4.0mm double pointed needles (3 or 4 needles 30-40cm long) or size needed to match tension

For sleeves, shorter double pointed needles may be easier to use.

Double pointed needles are used on film but circular needles can be used instead.

## NOTIONS

Stitch markers (optional)	Tapestry needle	Rustless pins, for shaping
Cotton thread in a shade which is easy to see against the colours you are knitting		
Spare thin needle for picking up stitches (optional - you may find the 3.25mm needle is thin enough).		

Essential information ..... pages 1-2

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Sizes 1 to 6 body chart ..... page 6

Sizes 7 to 10 body chart ..... page 7

Sleeve chart..... page 8

**ABBREVIATIONS**

K knit	pm place marker	sm slip marker	rm remove marker	SKP slip 1, knit 1, pass slipped stitch over
P purl	st(s) stitch(es)	m1 make 1 stitch	K2 tog knit 2 sts together	P2tog purl 2 sts together
				DPN double pointed needle

**CASTING ON, CASTING OFF, INCREASING, DECREASING, WASHING, BLOCKING** - All are demonstrated in the video.

**TENSION**

27 stitches and 25 rows to 10cm in Fair Isle pattern using larger needles after blocking.

**NOTES**

- Body rounds begin at the centre of the front steek.
- No more than 2 colours are used in any round.
- Stitch numbers always exclude the steek stitches.

**INSTRUCTIONS****POCKET LINING (Chapter 7)**

(one or two pockets are optional)

With larger needles and C2, cast on 23 sts.

**Row 1:** Knit.

**Row 2:** K2, P19, K2.

Work rows 1 and 2 until pocket measures 8(8:8:8:9) [9:9:10:10:10] cm. Break yarn. Put the stitches on hold.

**BODY – HEM (Chapter 8)**

With smaller needles and yarn B1, cast on 115 (127:141:153:173) [189:203:215:227:241] sts. Work 1 row in B1, 4 rows in B2, 1 row in B3, 4 rows in B2, 1 row in B1 as follows:

**Row 1(RS):** (K1, P1) to last st, K1.

**Row 2 (WS):** (P1, K1) to last st, P1.

Change to larger needles – introduce the second DPN in the middle of the row to prepare to work in the round. Continue with yarn B1.

**Next row (RS, inc) (Chapter 9):** K1(0:4:4:6) [0:1:0:0:3], (K4, m1, K3, m1), to last 9(8:11:9:13) [7:6:5:3:7] sts, K4 (4:4:4:4) [4:0:0:0:0], m1(1:1:1:1) [1:-:-:-], K5(4:7:5:9) [3:6:5:3:7], pm, cast on 4 for steek. 146(162:178:194:218) [242:259:275:291:307] sts .

**Round 1 (RS) (Chapter 10):** Join to knit in the round: with new needle, cast on 4 steek sts, pm, K2, pm, K0 (0:0:0:0) [0:12:12:12:12], pm, K6(6:10:14:14) [18:6:10:14:14], pm, K23, pm, K10(18:18:18:30) [38:42:42:42:50] (for underarm), pm, K23, pm, K18 (18:26:34:34) [34:10:14:18:18], K0(0:0:0:0) [0:23:23:23:23], pm, K0(0:0:0:0) [0:10:14:18:18], pm, K23, pm, K10(18:18:18:30) [38:42:42:42:50] (for underarm), K23, pm, K6(6:10:14:14) [18:6:10:14:14], pm, K0(0:0:0:0) [0:12:12:12:12], pm, K2, sm, K4 steek sts to get to beginning of the round.

**BODY – FAIR ISLE CHART (Chapter 11)**

Begin with round 1 and read from right to left, work Body Chart for your size using the colours indicated. Sizes 1 to 6 start and end with checks, Sizes 7 to 10 start and end with a half star, as shown on the chart.

**Pocket placement (Chapter 12)** Work almost 1½ (1½:2:2:2) [2:2:2:2:2] repeats of Body Chart for your size, ending on round 7(7:15:15:15) [15:15:15:15:15]. Put stitches from pocket lining(s) on hold. For the right front pocket, work to the start of the first whole star panel, \*slip the next 23 sts on hold, then, keeping chart pattern correct, knit the stitches from the pocket lining\*, work in pattern to start of the last whole star panel, then for left front pocket, repeat from \* to \*, work to end of round.

Work almost 4(4½:5:6:6) [6:6½:6½:6½:6½] repeats of Body Chart for your size ending on round 15(6:15:15:15) [15:6:6:6:6].

**BODY – ARMHOLE TO SHOULDERS (Chapter 13)**

**Next round (chart round 16(7:16:16:16) [16:7:7:7]):** Keeping established pattern correct, work to start of first underarm check pattern, \*work 0(2:2:2:6) [10:10:10:10:12] sts in pattern, slip next 10(14:14:14:18) [18:22:22:22:26] sts on hold, pm, cast on 8 steek sts, pm, work 0(2:2:2:6) [10:10:10:10:12], rm, work to start of second underarm check pattern, repeat from \* to \*, work to end of round. 126(134:150:166:182) [206:215:231:247:255] sts. The stitches on hold will be used when joining the sleeves. Continue to join new colours for the next round at the middle of the centre front steek.

**Armhole decreases**

**Next round (dec):** Work in pattern to 3 sts before right armhole, SKP, K1, sm, work steek sts, sm, K1, K2tog, work in pattern to 3 sts before left armhole m, SKP, K1, sm, work steek sts, sm, K1, K2tog, work in pattern to end of round. 122(130:146:162:178) [202:211:227:243:251] sts.

**Next round:** Work in pattern and colours as set. Work these two rounds 2(3:2:2:3) [5:4:4:2:4] times more. 114(118:138:154:166) [182:195:211:235:235] sts.

Continue without shaping until almost 5½(6:7:8:8½) [8½:8½:8½:8½:8½] total repeats of Body Chart have been completed, ending on round 6(12:12:12:6) [6:6:6:6:6].

**Next round:** Cast off 4 steek sts, rm, work round 7 (13:13:13:7) [7:7:7:7:7] of the chart to front steek marker, rm, cast off the remaining 4 centre front steek stitches. Break yarn.

**Front neck (Chapter 14)**

Put 6(5:5:9:10) [12:12:12:14:14] sts at both sides of the centre front steek on hold.

**Next round (chart round 8(15:15:15:8) [8:8:8:8:8]):**

Using yarn colours for the next round, cast on 4 steek sts, pm, K1, SKP, K1, work in pattern to 3 sts before centre front, K2tog, K1, pm, cast on 4 steek sts. 100 (106:126:134:144 [156:169:185:205:205] sts; 21 (23:28:28:30) [34:35:39:43:43] sts on each front and 58 (60:70:78:84) [88:99:107:119:119] back sts

**#Next round (dec at sides of front neck):** Work steek sts, sm, K1, SKP, K1, work in pattern to 3 sts before centre front steek, K2tog, K1, sm, work 4 steek sts to start of round. 98(104:124:132:142)

[154:167:183:203:203] sts, 20(22:27:27:29) [33:34:38:42:42] sts on each front

Repeat dec round every round until each front has 17 (19:21:21:27) [31:33:33:37:37] sts. 92(98:112:120:138) [150:165:173:193:193] sts.

**Back neck**

Continue without shaping until chart round 13(5:5:5:13) [13:5:5:5:5] has been completed (almost 6(6½:7½:8½:9) [9:9½:9½:9½:9½] total repeats of Body Chart).

**Next round:** Work in pattern to the centre back panel, put centre 16(14:18:24:22) [22:27:27:31:31] sts on hold, pm, cast on 8 steek sts, pm, work to end of round. 21 (23:26:27:31:·) [33:36:40:44:44] sts on each side of back neck.

Work decreases every round at sides of back neck as for the front neck until there are 17(19:21:21:27) [31:33:33:37:37] sts at both sides of the back neck. 68(76:84:84:108) [124:132:132:148:148] sts.

Continue without shaping until chart round 6 (14:14:14:6) [6:14:14:14:14] has been completed (almost 6½(7:8:9:9½) [9½:10:10:10:10] total repeats of Body Chart.)

**Next round (chart round 7(15:15:15:7) [7:15:15:15:15]) (Chapter 15):** Cast off the 4 groups of 8 steek sts as you work the round.

**Joining Shoulders (Chapter 16)**

Cut the front and back neck opening steeks. Join shoulders using three needle bind off. Use the background yarn from the last round knitted to make the join.

**SLEEVES (Chapter 17)**

Before you start the sleeves you may wish to try on the cardigan to double check length of sleeves – work out how many repeats of Star pattern you will need. You should end with round 7 or 15 of the chart when you finish the sleeve. To do this you will have to cut steeks.

**Sleeve (knit 2)**

Using smaller needles, cast on 30(34:38:40:44) [46:48:48:50:50] sts.

Work in rib to match the hem.

Change to larger needles.

**Next row (RS, inc):**

K2(6:3:4:4) [1:6:6:5:5], (m1, K4(4:5:4:3) [3:3:3:4:4]) 7 (7:7:9:13) [15:13:13:11:11] times, K0(0:0:0:1) [0:3:3:1:1]. 37(41:45:49:57) [61:61:61:61:61] sts.

Join to work in the round. Work one round, placing markers as you go:

**Next round:** pm for beginning of round, K6(8:10:12:16) [18:18:18:18:18], pm, K23, K6(8:10:12:16) [18:18:18:18:18], pm, K2.

Follow the sleeve chart, working new stitches into the check pattern. Keeping pattern correct, work 2 rounds. Increases are worked in the colour needed to keep the check pattern correct.

**Increase round:** M1, pattern to 2 sts before end of round marker, m1, k2 in background colour. 39 (43:47:51:59) [63:63:63:63:63] sts.

Increase every 4th round 10(14:14:21:23) [23:23:25:25:25] times more until there are 59 (71:75:93:105) [109:109:113:113:113] sts, then every other round 8(5:8:0:2) [0:2:0:0:2] times more. 75 (81:91:93:109) [109:113:113:113:117] sts.

Continue without shaping until you have worked 4 (4½:5:6:6½) [6½:6½:7:7:7] total repeats, ending on chart round 7 or 15. Break yarn. Move the last stitch on the needle to the start of the round – to ensure that the centre stitch of the star will be at the shoulder join.

**Pick up stitches from edge of armhole (Chapter 18)**

Start at the centre of the underarm stitches, use thinner needle and the same background yarn as used for the last round of the sleeves, K5(7:7:7:9) [9:11:11:11:13], pick up and K40(41:48:48:56) [56:57:57:57:57], pick up and K1 from shoulder join, pick up and K40(41:48:48:56) [56:57:57:57:57], K5(7:7:7:9:9) [11:11:11:13]. 91 (97:111:111:131) [131:137:137:137:141] sts.

**Next round (RS, dec):**

Size 1 K7, (K2tog, K3) 16 times, K4.

Size 2 K8, (K2tog, K3) 8 times, K4, (K2tog, K3) 8 times, K5.

Size 3 K7, (K2tog, K3) 20 times, K4.

Size 4 K12, (K2tog, K3) 18 times, K9.

Sizes 5 & 6 K12, (K2tog, K3) 22 times, K9.

Sizes 7, 8, 9 K10, (K2tog, K3) 24 times, K7.

Size 10 K12, (K2tog, K3) 24 times, K9.

75(81:91:93:109) [109:113:113:113:117] sts.

Break yarn, leaving a long tail to use for grafting.

Graft sleeves to stitches picked up from around the armhole, starting at centre of underarm.

**POCKET FINISH (Chapter 19)**

Pick up stitches from hold. Use B1 and smaller needles to knit 4 rows of K1, P1 rib. Cast off. Stitch the sides of the ribbing to the body of the cardigan. Slip stitch the pocket lining to the body.

**NECK (Chapter 20)**

Cut open the centre front steek.

With the right side facing and starting at the right front, use smaller needle and yarn B1 to pick up and knit stitches for the neck: 6(5:5:9:10) [12:12:12:14:14] right front neck, 16(16:17:17:16) [16:24:24:24:24] from right side of front neck, 1 from right shoulder join, 10 from right side of back neck, 16(14:18:24:22) [22:27:27:31:31] from back neck, 10 from left side of back neck, 1 from left shoulder join, 16(16:17:17:16) [16:24:24:24:24] from left side of front neck, 6(5:5:9:10) [12:12:12:14:14] left front neck. 82(78:84:98:96) [100:121:121:129:129] sts.

Purl 1 row, working a total of 13(13:13:13:13) [13:16:16:16:16] decreases as follows:

Sizes 1 to 6

P5(4:4:8:9) [11], (P2tog, P3) 3 times, P2tog, P5(5:6:6:5) [5], P2tog, P3, P2tog, P6(5:7:10:9) [9], P2tog, P6(5:7:10:9) [9], P2tog, P3, P2tog, P5(5:6:6:5) [5], (P2tog, P3) 3 times, P2tog, P5(4:4:8:9) [11]. 69(65:71:85:83) [87] sts

Sizes 7 to 10

P [-:11:11:13:13], (P2tog, P3) 5 times, P1, P2tog, P2, P2tog, P3, P2tog, P [-:25:25:29:29], P2tog, P3, P2tog, P2, P2tog, P1, (P3, P2tog) 5 times, P [-:11:11:13:13]. [-:105:105:113:113] sts

Work rib as for hem as follows: 3 rows yarn B2, 1 row yarn B3, 3 rows yarn B2, 1 row yarn B1. Cast off with yarn B1, taking care that it is not too tight.

**BUTTON BAND (Chapter 20)**

With right side facing, start at the top of the left front. Use a thin needle and B1 to pick up and knit 6 sts from the side of the neck, one stitch from every row from neck to hem, and 7 sts from the side of the hem. 100 (107:123:139:148) [148:148:148:148] sts.

Use smaller needles and B1 for decrease row: P6 (8:6:9:11) [11:11:11:11:11], (P2tog, P3) to last 4(4:2:5:7) [7:7:7:7:7] sts, 4(4:2:5:7) [7:7:7:7:7]. 82(88:100:114:122) [122:122:122:122:122] sts. Break B1.

Join B2. Work 3 rows in rib. Work 1 row in B3, 3 rows in B2, 1 row in B1. Cast off in rib using B1.

**BUTTONHOLE BAND**

Work first rows as for the buttonhole band, starting at the hem edge of the right front.

**Buttonhole row, using yarn B3:**

Sizes 1-4: Keep rib pattern correct, rib 4(4:4:6:-)

\*work2tog, yo twice, work2tog, rib 9(8:8:8:-)\* repeat from \* to \* 6(7:8:9:-) times. 6(7:8:9:-) buttonholes worked.

Sizes 5-10: Keep rib pattern correct, rib 4 \*work2tog, yo twice, work2tog, rib 8\* repeat from \* to \* 9 times, work2tog, yo twice, work2tog, rib 6. 10 buttonholes worked.

**Next row, B2:** Keep rib pattern correct, work (K1, P1) into every double yo.

Finish band by working 2 more rows in B2, 1 row in B1. Cast off in rib with B1.

**FINISHING (Chapter 21)**

Neaten all the cut edges and (optional) slip stitch cut stitches to main body. Weave in all ends.

**WASHING AND BLOCKING (Chapters 22-25)**


Follow instructions in video. If a jumper board is not available, dry it flat on a drying board or other suitable surface. Pin to shape and size, stretching to get rid of any puckering. It's best to stretch the cardigan slightly bigger than required size - it will relax back once it's dry. Do not dry in the sun as this can permanently change colours very quickly. Leave to dry for at least 12 hours. Remove pins and all cotton threads. Gently steam ribs at bottom and cuffs to pull them in a bit.


Sew on buttons. (Chapter 26)

# SHETLAND STAR CARDIGAN designed by Hazel Tindall

## SWATCH CHART

- Notes:**
1. Knit the swatch in the round.
  2. Read all rounds from right to left.
  3. Change colours before knitting stitch 1. (Colour change is made at the centre of steek).
  4. Star panel is the same width for all sizes and determines colour sequence.
  5. Work rounds 1 to 16 twice.
  6. When the swatch is finished, wet it and block it over a round plastic container.
  7. When the swatch is completely dry cut it open. Check the tension.

 use colours in column A to knit the pattern

 use colours in column B for background

		A		B																															
		Colours																																	
		contrast		background																															
						Round																													
						16	C3 B1																												
						15	C3 B1																												
						14	C3 B1																												
						13	C1 B1																												
						12	C1 B2																												
						11	C1 B2																												
						10	C1 B2																												
						9	C1 B2																												
						8	C1 B3																												
						7	C2 B3																												
						6	C1 B3																												
						5	C1 B2																												
						4	C1 B2																												
						3	C1 B2																												
						2	C1 B2																												
						1	C1 B1																												
47	46	45	44	43	42	41	40	28 to 39	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1
								work sts in orange box 3 times																											


# SHETLAND STAR CARDIGAN designed by Hazel Tindall


## BODY CHART

Sizes 1 to 6

	Stich total excluding steek	4 steek stitches	2 edge stitches	checks - left front - stitch number below	star - 23 stitches	checks - under arm - stitch number below	star - 23 stitches	checks - centre back - stitch number below	star - 23 stitches - stitch number below	checks - under arm - stitch number below	Star			checks	edge	4 steek stitches	Round	A	B
											Star			checks	edge				
Size 1	146		2	6	23	10	23	18	23	10	23			6	2		16	C3	B1
Size 2	162		2	6	23	18	23	18	23	18	23			6	2		15	C3	B1
Size 3	178		2	10	23	18	23	26	23	18	23			10	2		14	C3	B1
Size 4	194		2	14	23	18	23	34	23	18	23			14	2		13	C1	B1
Size 5	218		2	14	23	30	23	34	23	30	23			14	2		12	C1	B2
Size 6	242		2	18	23	38	23	34	23	38	23			18	2		11	C1	B2
																	10	C1	B2
																	9	C1	B2
																	8	C1	B3
																	7	C2	B3
																	6	C1	B3
																	5	C1	B2
																	4	C1	B2
																	3	C1	B2
																	2	C1	B2
																	1	C1	B1


Notes 1. Knit in the round; read all rounds from right to left.

 use colours in column B for background

 use colours in column A to knit the pattern

2. Change colours at the centre of steek.

3. Star pattern is the same width for all sizes.

 repeat stitches in orange box as often as needed to use the number of stitches needed for your size

4. Stitch numbers exclude steek stitches.


# SHETLAND STAR CARDIGAN designed by Hazel Tindall


## BODY CHART


Sizes 7 to 10

Stich total excluding steek	edge	Half Star	checks - left front - stitch number below	star - 23 stitches	checks - under arm - stitch number below	star - 23 stitches	checks - left back - stitch number below	star - centre back - 23 sts	checks - right back - stitch number below	star - 23 stitches - stitch number below	checks - under arm - stitch number below	Star	checks	Half Star	edge	Round	A	B			
																16	C3	B1			
Sz 7	259	2	12	6	23	42	23	10	23	10	23	42	23	6	12	2	16	C3	B1		
Sz 8	275	2	12	10	23	42	23	14	23	14	23	42	23	10	12	2	15	C3	B1		
Sz 9	291	2	12	14	23	42	23	18	23	18	23	42	23	14	12	2	14	C3	B1		
Sz 10	307	2	12	14	23	50	23	18	23	18	23	50	23	14	12	2	13	C1	B1		
																		12	C1	B2	
																			11	C1	B2
																			10	C1	B2
																			9	C1	B2
																			8	C1	B3
																			7	C2	B3
																			6	C1	B3
																			5	C1	B2
																			4	C1	B2
																			3	C1	B2
																			2	C1	B2
																			1	C1	B1

- Notes
1. Knit in the round; read all rounds from right to left.
  2. Change colours at the centre of steek.
  3. Star pattern is the same width for all sizes.
  4. Stitch numbers exclude steek stitches.

 use colours in column B for background

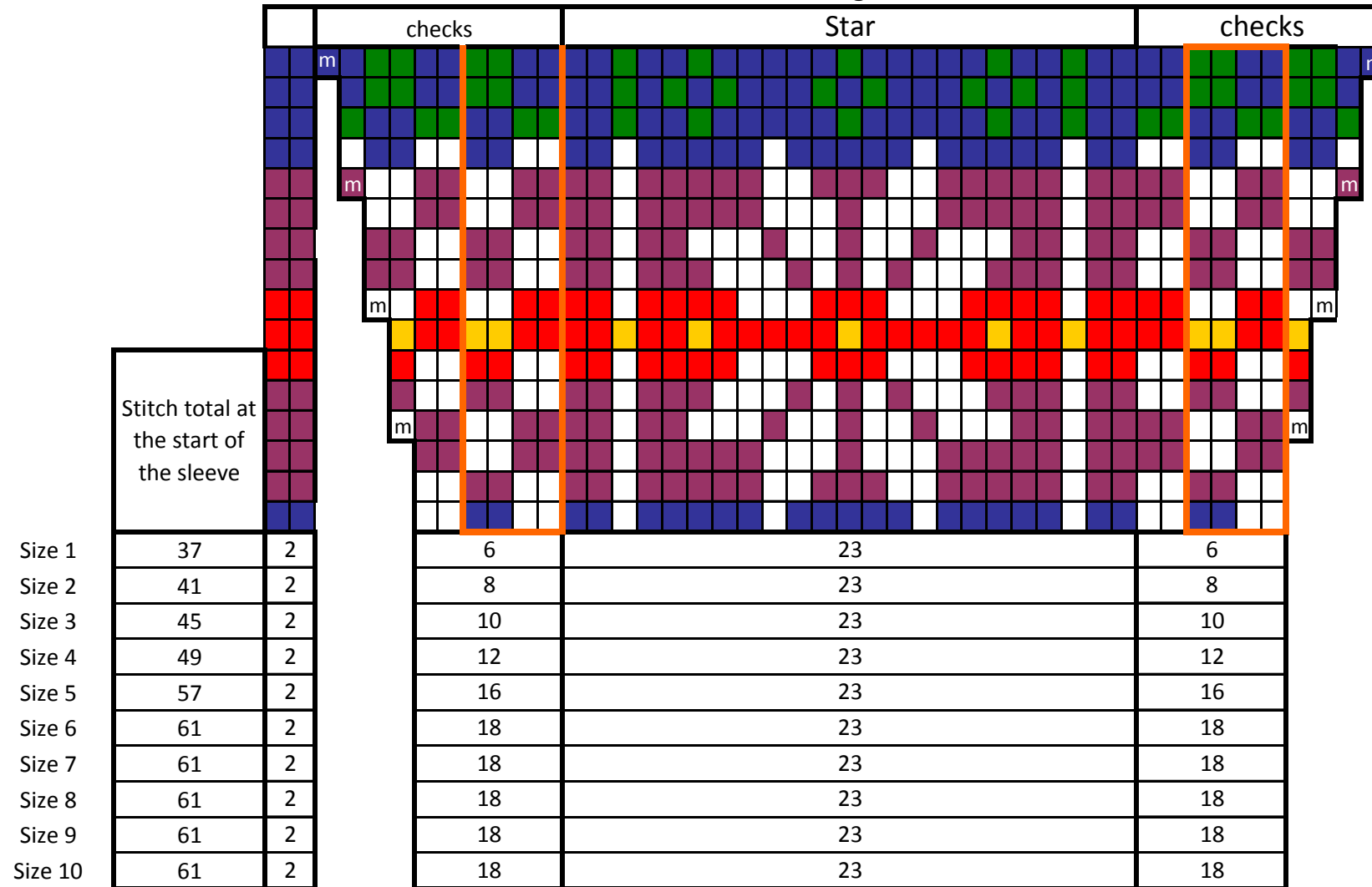
 use colours in column A to knit the pattern

 repeat stitches in orange box as often as needed to use the number of stitches needed for your size

# SHETLAND STAR CARDIGAN - designed by Hazel Tindall

## SLEEVE CHART

Continue to work sleeves, including increases as indicated below



colours

Round	A	B
16	C3	B1
15	C3	B1
14	C3	B1
13	C1	B1
12	C1	B2
11	C1	B2
10	C1	B2
9	C1	B2
8	C1	B3
7	C2	B3
6	C1	B3
5	C1	B2
4	C1	B2
3	C1	B2
2	C1	B2
1	C1	B1

INCREASING	
Size 1	inc every 4th till 59 then every 2nd till 75
Size 2	inc every 4th till 71 then every 2nd till 81
Size 3	inc every 4th till 75 then every 2nd till 91
Size 4	inc every 4th till 93 then no shaping
Size 5	inc every 4th till 105 then every 2nd till 109
Size 6	inc every 4th till 109 then no shaping
Size 7	inc every 4th till 109 then every 2nd till 113
Size 8	inc every 4th till 113 then no shaping
Size 9	inc every 4th till 113 then every 2nd till 117
Size 10	inc every 4th till 113 then no shaping

Notes

1. Knit in the round, read all rounds from right to left.
2. Change colours at the end of the round.
3. Star pattern is the same width for all sizes.
4. Stitch numbers are for start of sleeve.

use colours in column B for background

use colours in column A to knit the pattern

repeat stitches in orange box as often as needed to use the number of stitches needed for your size

make 1 stitch