

## BENON HEADBAND

Designed by Hazel Tindall

This headband was designed to use up small amounts of Shetland yarn – 1 background colour and 3 contrast colours.



**Model: Vaila Tinkler**  
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**More knitting patterns: [www.hazeltindall.com](http://www.hazeltindall.com)**

## NOTES

- The colours are joined by knotting them together.
- The headband is knitted flat for the first 8 rows. At the start of the 9<sup>th</sup> row it is joined to knit in the round.
- Colours for blank and filled chart squares are given at the sides.
- Cast off can be fairly tight so that band narrows at the top.

## SIZING

3.5" (9cm) finished depth. Headband width will easily stretch by approximately 4cm. This, plus the short section of ribbing gives a snug fit.

Size 1	Size 2	Size 3	Size 4
15-19" (38-48cm)	18-22" (46-56 cm)	20-24" (51-63cm)	23-27" (58-68cm)

## YARN

Supplies of Shetland yarn are available from **either**

[www.shetlandwoolbrokers.co.uk](http://www.shetlandwoolbrokers.co.uk): Jamieson & Smith 2 ply jumper weight, 100% Shetland wool, 115m/25g ball **OR**

[www.jamiesonsofshetland.co.uk](http://www.jamiesonsofshetland.co.uk): Spindrift 2ply, 100% Shetland wool, 105m/25g ball

Chart reference	Quantity - 25g balls (approximate quantities for Size 4 in brackets)	Jamieson & Smith 2 ply jumper weight colours used in the photograph	Jamieson's of Shetland Spindrift colours - similar colours
M	1 ball 15g	FC34	760
A	1 ball 3g	FC41	1020
B	1 ball 3g	21	710
C	1 ball 2g	81	126

If you choose to use just 2 colours, you will need approximately 15g (90m) for the blank squares on the chart, and 8g (70m) for the filled squares.

## NEEDLES

3.25mm circular needle (40cm long) or double pointed needles or size needed to match tension.

## TENSION

31 sts and 32 rows to 4" (10cm) over Fair Isle after blocking.

## ABBREVIATIONS

K	knit	pm	place marker	st(s)	stitch(es)
P	purl	m1	make 1 st – see 'increasing'		
K1tbl	knit 1 through back of loop				

## NOTIONS

Stitch markers (optional) – once Fair Isle is begun, to indicate the start of the round and to divide the knitting into chart repeats. (It's helpful for the start of round marker to be a different colour from the other markers.)

Tapestry needle and scissors.

## INCREASING

Increases are worked before the Fair Isle starts. With the point of the left needle, pick up the thread just before the next stitch and knit into the back of the loop/stitch.

## DECREASING

Decreases are made before the top ribbing starts by knitting two stitches together through the back of the loops.

## INSTRUCTIONS

Using shade M, cast on 110 (120:140:160) sts using your preferred method.

Join to work in the round. Place marker for beginning of round.

**Rounds 1, 3, 5:** (K1tbl, P1) to end of round.

**Rounds 2, 4, 6:** (K1, P1) to end of round.

**Round 7:** Keeping established rib pattern correct, work 5, m1, [work 11 (6:7:8), m1] to last 6 (1:2:3) sts, work to end. 120 (140:160:180) sts.

Begin working from round 1 of chart, reading each round from right to left and working 6 (7:8:9) repeats of the chart across the round. Continue working from the chart as set until you have completed round 15.

**Round 1:** Knit.

**Round 2:** \*K10 (5:6:7), K2tog, repeat from \* to end of round. 110 (120:140:160) sts.

**Rounds 3, 5, 7:** (K1tbl, P1) to end of round.

**Rounds 4, 6:** (K1, P1) to end of round.

Cast off in rib.

## FINISHING

Break yarn. Join ribs at the start. Tighten all the knots and weave in ends.

## BLOCKING

Find a suitable item to stretch your headband (a round plastic food container is ideal) diameter approximately 4" (10cm) bigger than unstretched work. Have this ready before you wash the headband.

Hand wash in lukewarm water, fold carefully and roll in a towel to remove excess water.

Put the headband on the stretcher, gently easing/stretching it to shape.

Leave to dry for at least 24 hours.

If necessary, the ribbing can be steamed to make the headband fit more snugly.

Do not machine wash the finished headband.

If you have enjoyed knitting this pattern you will find more knitting patterns at [www.hazeltindall.com](http://www.hazeltindall.com). New patterns are added regularly.

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## CHART

																				A		B			
																				Colours					
																				Round	filled	Blank	NOTES		
																				15	A	M			
																				14	A	M			
																				13	A	M			
																				12	B	M			
																				11	B	M			
																				10	B	M			
																				9	C	M			
																				8	C	M			
																				7	C	M			
																				6	B	M			
																				5	B	M			
																				4	B	M			
																				3	A	M			
																				2	A	M			
																				1	A	M			
20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	← Stitch numbers					

Notes:

You will be knitting in the round so always read from right to left (ie start at stitch number 1).

- colour to use is in column A
- colour to use is in column B